

## Resource

Read through the information below, all about Captain Tom Moore's incredible achievement. Can you think of any local heroes in your community?

### Captain Tom's Challenge

Ahead of his 100<sup>th</sup> birthday celebration, war veteran Captain Tom Moore set himself the challenge of walking 100 laps of his garden to help raise money for the NHS.

His challenge has raised awareness all over the world and has led to many others setting their own similar challenges!

Captain Tom has also lifted the spirits of many during difficult circumstances.

***Captain Tom, who is originally from Keighley in West Yorkshire, has risen from nowhere to become a hero for many, all around the world!***



*Captain Tom Moore completing his 100-lap challenge at his home in Bedfordshire.*

*"I say thank you very much indeed. I appreciate it because the object for which we're donating is so important and so necessary... I think you're all so kind and thoughtful contributing to this cause."*

*Captain Tom Moore*

### How much has been raised?

Captain Tom originally aimed to raise £1000 but quickly passed his target to reach over £28 million for the NHS!



***Captain Tom served in India and Myanmar during World War Two***







## What's going on?

99-year-old British war veteran, Captain Tom Moore has completed 100 laps of his 25m back garden in Marston Moretaine, Bedfordshire! He has raised over £28 million for Britain's National Health Service (NHS) and has received donations to his fundraising challenge from all around the world! Captain Tom began raising funds to thank NHS staff who helped him with treatment for cancer and a broken hip, he originally aimed to raise just £1000 but quickly passed his target!

### Question: How can one person make a big difference?

#### Listen, think, share

-  Look at the poster image, do we know who the person is in the poster? Explain that it is Captain Tom Moore, a 99-year-old war veteran from Bedfordshire who recently raised over £28 million for the NHS by completed 100 laps of his garden for his 100th birthday!
-  Read through the information found in the resource, all about Captain Tom Moore's incredible achievement. Talk about how sometimes it's not the biggest actions that can have the biggest impact and that all of the things that we do affect the world around us! Captain Tom didn't even leave his garden but managed to raise a lot of money and raise the spirits of the nation! Can we think of anything we can do at the moment to help others?
-  Watch the useful video (found in the link below) which shows Captain Tom receiving a Pride of Britain Award.
-  Mother Teresa, a Catholic nun who dedicated her life to helping others said, "If you cannot feed a hundred people, feed one." Talk about what you think she meant by this? Do you agree?

#### Reflection

However small we think our actions are, we can all contribute to help make a positive difference to the world around us. At some point, to someone or something, our actions matter!

#### Challenges!

- Challenge 1** – Write a letter or thank you card and send it to someone who has made a difference in your local community, this could be for a teacher, family member or neighbour.
- Challenge 2** – Draw a picture of Captain Tom Moore completing his challenge.


## Web Links

Captain Tom Moore fundraising news story  
<https://bbc.in/2Y0hMsC>

Useful Video – Tom Moore receiving a Pride of Britain Award  
<https://bit.ly/3aAsW9X>

### Send us your challenges!

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An elderly man with white hair and glasses, wearing a dark blue suit jacket and grey trousers, is walking on a paved path. He is using a silver and black four-wheeled walker. He is positioned in front of a red brick wall with a white-framed window. The scene is outdoors, with green foliage visible in the background and foreground. The text "How can one person make a big difference?" is overlaid on the right side of the image.

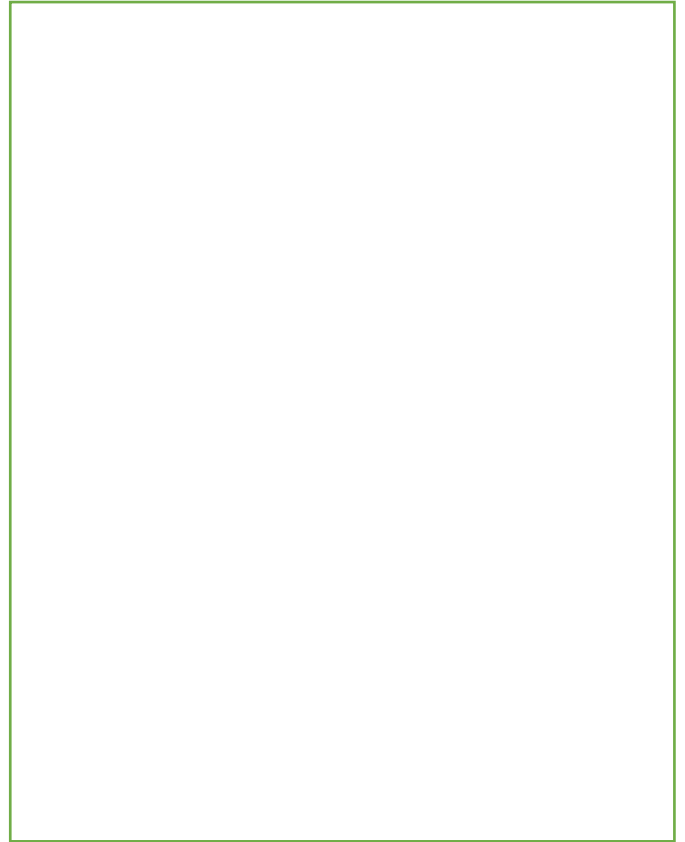
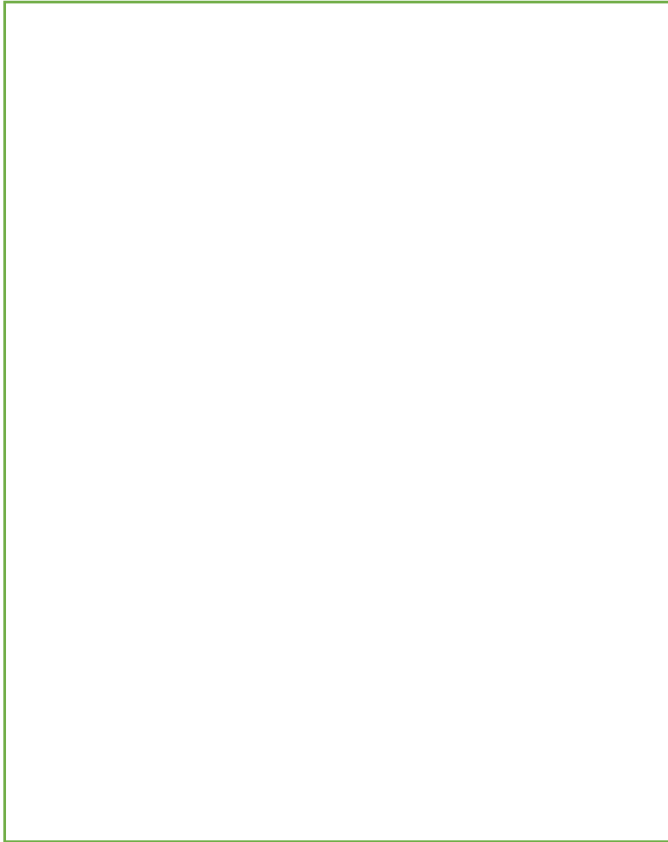
**How can one person  
make a big  
difference?**



# Picture News

Your weekly  
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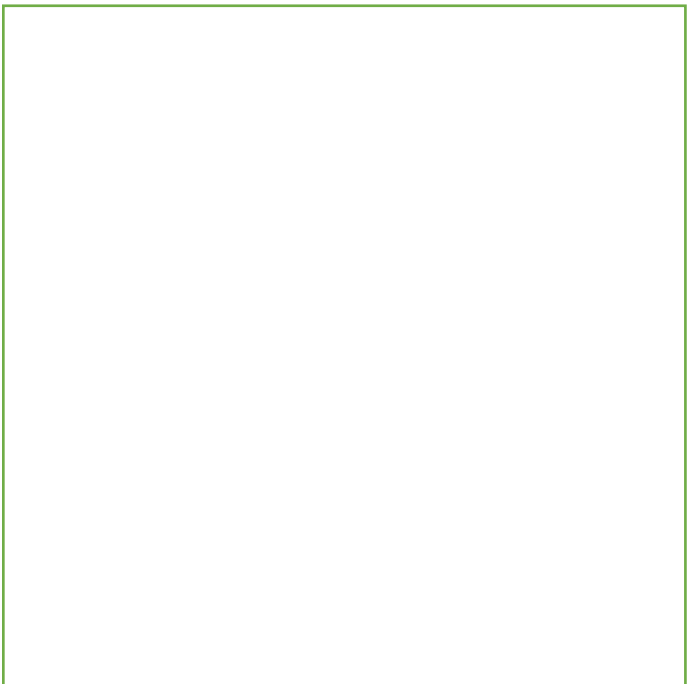
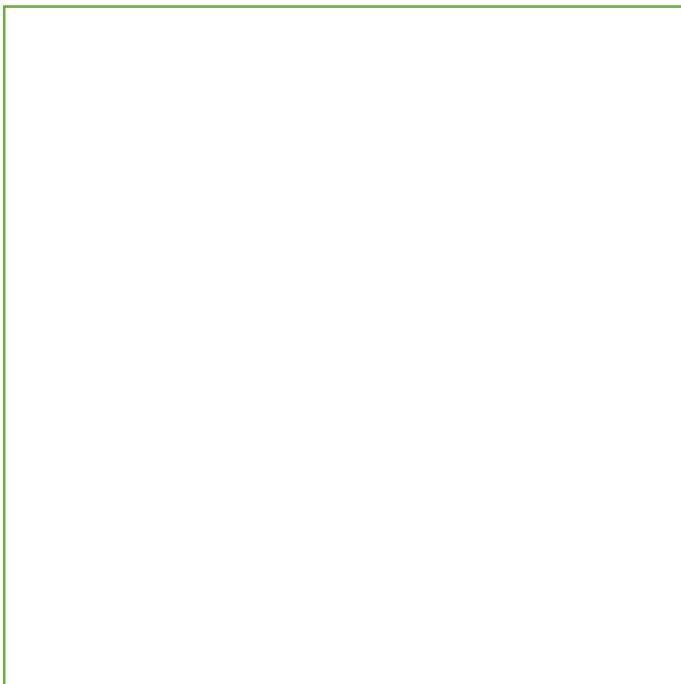
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## Headline



*Picture Caption:*



# Picture News

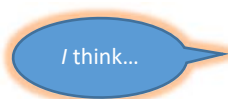
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## Headline

Picture Caption:

## Your thoughts on the news...

What was your opinion on this week's news? Visit our discussion area, found here:  
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to share your thoughts!



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COMMENTS

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